

Morpheus8 is the fractional remodelling skin treatment that responds to the skin's natural collagen and elastin to achieve a more radiant, youthful glow. Luxe discovers the revolutionary new treatment with the experts at Reds Salon in Sunderland



Skin saviour

↳ We're encouraged to love the skin we're in - and there's no denying that it is easier said than done - but with fractional technology that helps to awaken and rebuild the body's natural collagen, it is made much easier.

When the beauty team at Reds invited us to try the revolutionary new Morpheus8 treatment, we jumped at the opportunity to give our skin the boost it deserves ahead of the winter chill.

We arrive early for the treatment preparation, where numbing cream is applied and left to work its magic for around an hour.

We start with an initial consultation with our practitioner, Sarah. She gently talks us through the process, ensuring we're fully up to speed with the ins and outs of the minimally invasive treatment, the results and aftercare. This is where we chat through problem areas, goals and the recommended number of sessions.

With our newfound knowledge and a hot cup of tea, we're left to relax before the Morpheus8 machine gets to work.

The treatment is generally performed on the face, but can also be used on the abdomen, thighs, legs and buttocks. One of the best things about Morpheus8 is that results are expected almost immediately, with visible improvements for up to three months post-treatment. It really is the gift that keeps on giving - we hope!

The machine uses radiofrequency technology to stimulate the production of collagen - the good stuff that serves as one of the main building blocks for our skin - resurfacing the skin to reveal a younger, fresher and plumper complexion.

So, why the numbing cream and needles, you ask? Well, we can try all the creams and skincare hacks in the world, but science tells us that nothing regenerates the skin better than our own body. Gentle stimulation (thanks to incredibly clever numbing cream!)

sends our skin into shock recovery mode, rebuilding collagen to help renew the deeper layers of the skin.

The face may appear red following the treatment, but rest assured, the more redness, the better the results. It's the skin doing its bit - and working the Morpheus magic!

For us, it's as much about skin tightening as it is about pigmentation, so to hear that this treatment is proven to deliver results for both of those problem areas, we're on to a winner.

With our skin perfectly numbed and after a quick test patch, we're ready to let the treatment do the talking.



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24 gold-plated needles work their way into the skin, focusing on softer areas where you can pinch a bit of fat or muscle first (the neck and jowls), working its way up the face to tighter areas such as above the lip and cheek bones. The needles are encased with a silicone wrap-around, ensuring the heat only comes out of the tip and straight into the skin. There really is nothing to be frightened about when it comes to the physicality of the treatment. Yes, you are aware of the machine, but - even on the deepest needle setting (3mm), there's no discomfort or pain. After the initial consultation and one hour numbing process, the actual treatment takes

just 15 minutes to undertake; so before you know it, you're ready to step out of the salon with your sparkling new skin. Before that though, the Reds team include a complimentary 15-minute Dermalux session for all Morpheus8 customers - the perfect way to wind down and end the treatment, particularly if you've been a bag of nerves. It's time to rest up and let the cell regeneration, anti-aging light therapy do its thing.

There's lots to consider when it comes to aftercare, but Sarah ensures we're clued up and all questions and concerns are answered before we leave the salon with SPF applied.

There's a feeling of windburn on the skin as we make our way home, but we're safe in the knowledge that it is simply our skin reminding us that something is happening beneath the surface and we'll be glowing in no time.

Following the treatment, we have been tracking our results; and, not only does the treatment physically lift the skin, but it lifts confidence - and continues to do so from three hours post-treatment, to three days and beyond. We're still seeing positive results with an obvious reduction in deep lines and drooping jowls. We're confidently heading into winter with a radiant glow. redshairandbeauty.com